

How to Overcome a Sin Habit

1. Activate the powerful Word of God

Psalm 119:11; Ephesians 6:17

2. Activate the power of God

Hebrews 4:15-16

3. Activate a specific plan for your temptations

A. Remove all sources of temptation Romans 13:14

B. Design a plan for exactly what you will do when tempted.

1. Quote the verse you have memorized.

2. Immediately ask for God's help.

3. Practice saying no.

4. If necessary, get out.

C. Learn to count victories not defeats.

Our Part in Forgiveness

Proverbs 28:13

He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy.

Step 1 – Own your sin

Covering your sin is an attempt to conceal or justify what you have done by blaming someone or something other than yourself.

Step 2- Confess your sin

I John 1:9

Step 3 – Forsake your sin